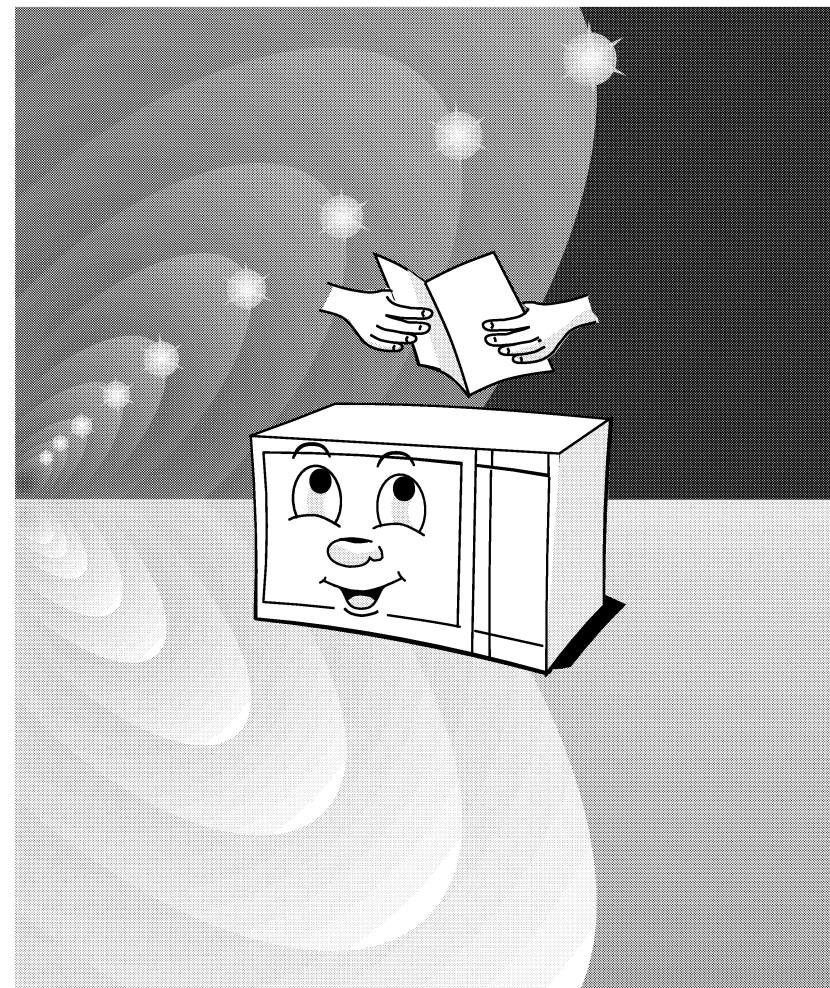


AT 311

Instructions for use



Whirlpool Sweden AB



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GB

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TROUBLE SHOOTING GUIDE

If the oven does not work, do not make a service call until you have made the following checks:

- * The Turntable and turntable support is in place.
- * The Plug is properly inserted in the wall socket.
- * The Door is properly closed.
- * Check your Fuses and ensure that there is power available.
- * Wait for ten minutes and then try to operate the oven once more.
- * Open and then close the door before you try again.

This is to avoid unnecessary calls for which you will be charged. When calling for Service, please give the serial number and type number of the oven (see Service label). Consult your warranty booklet for further advice.

Important:

If the mains cord needs replacing it should be replaced by the original mains cord, which is available via our service organisation. The mains cord may only be replaced by a trained service technician.

⚠ WARNING!

Service only to be carried out by a trained service technician. It is hazardous for anyone other than a trained person to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.

Do not remove any cover.



DATA FOR TEST OF HEATING PERFORMANCE

In accordance with IEC 705.

The International Electrotechnical Commission, SC. 59H, has developed a standard for comparative testing of heating performance of different microwave ovens. We recommend the following for this oven:

Test	Amount	Approx. time	Power level	Container
12.3.1	1000 g	12 min	750 W	Pyrex 3.227
12.3.2	475 g	5 min	750 W	Pyrex 3.827
12.3.3	900 g	14 min	750 W	Pyrex 3.838
13.3.0	500 g	Jet defrost		Place on turntable

MAINTENANCE & CLEANING

Cleaning is the only maintenance normally required. It must be carried out with the microwave oven disconnected.

Do not use metal scouring pads on the inside of the oven cavity.



They will scratch the surface.

At regular intervals, especially if spillovers have occurred, remove the turntable, the turntable support and wipe the base of the oven clean.

This oven is designed to operate with the turntable in place.

Do not operate the microwave oven when the turntable has been removed for cleaning.

Use a mild detergent, water and a soft cloth to clean the interior surfaces, front and rear of the door and the door opening.

Do not allow grease or food particles to build up around the door.

For stubborn stains, boil a cup of water in the oven for 2 or 3 minutes. Steam will soften the marks.

Adding some lemon juice to a cup of water, placing this on the turntable and boiling for a few minutes can eliminate odours inside the oven.

DISHWASHER SAFE:

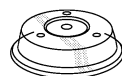
Turntable support.



Glass turntable.



Cover.



WARNING!

The door seals and the door seal areas must be regularly inspected for damage. If these areas are damaged the appliance should not be operated until it has been repaired by a trained service technician.

Abrasive cleansers, steel-wool pads, gritty wash cloths, etc. can damage the control panel, and the interior and exterior oven surfaces. Use a sponge with a mild detergent or a paper towel with spray glass cleaner. Apply spray glass cleaner to a paper towel. **Do not** spray directly on the oven.

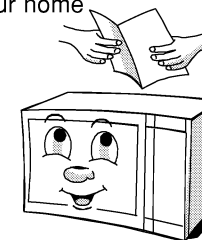


A NOTE TO YOU

Thank you for buying this appliance!

This appliance has everything you would expect of a superior appliance, plus the distinct style and thoughtful details, which contribute to the overall look of your home and your enjoyment of it.

To ensure that you enjoy many years of trouble-free operation, we developed this set of instructions. They contain valuable information concerning how to operate and maintain your new appliance properly and safely.



The Quick Reference Guide is designed for your model specifically.

Please keep this Instruction For Use in a safe place for future reference.

ENVIRONMENTAL HINTS

Packing

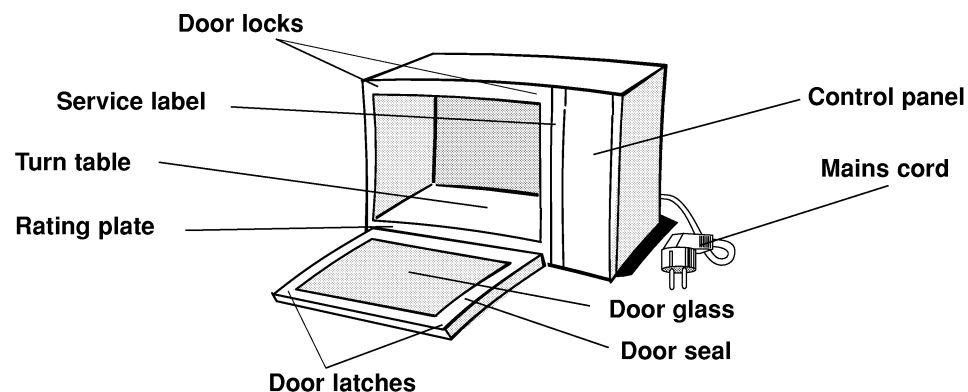
The packing box may be fully recycled as confirmed by the recycling symbol. Follow local disposal regulations. Keep potentially hazardous packaging (plastic bags, polystyrene etc.) out of the reach of children.



Appliance

The appliance is built from reusable materials. If you decide to scrap the appliance, it must be disposed of in compliance with local waste disposal regulations. Before scrapping, cut off the mains cord so that the appliance cannot be connected to the mains.

OVEN OVERVIEW



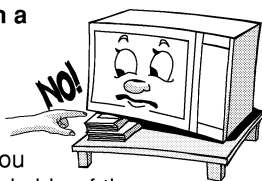
INSTALLATION

PRIOR TO CONNECTING

Check that the voltage on the rating plate corresponds to the voltage in your home.

Place the oven on a stable, even surface

that is strong enough to hold the oven and the food utensils you put in it. The control side of the unit is the heavy side. Use care when handling.



Position the oven at a distance from other heating sources. The cooling air, which is taken in by the oven, must not exceed 35°C temperature. For sufficient ventilation there must be a space of at least 15-cm above the oven. Ensure the microwave oven feet are in place and ensure the space underneath the oven is empty to allow for proper airflow. The oven can operate in an ambient temperature ranging from +5°C to +35°C.

Ensure that the appliance is not damaged. Check that the oven door closes firmly against the door support and that the internal door seal is not damaged. Empty the oven and clean the interior with a soft, damp cloth.

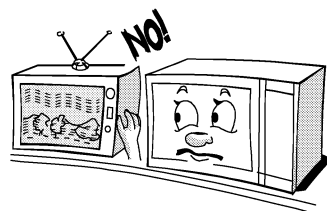
Do not operate this appliance if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Do not immerse the mains cord or plug in water. Keep the cord away from hot surfaces. Electrical shock, fire or other hazards may result.

AFTER CONNECTING

When the appliance is first plugged in or after a power failure, the display is blank. If required, the oven can display a 24-hour digital Clock. When the Clock function is not programmed the display will remain blank until the cooking time is set.

The oven can be operated only if the oven door is firmly closed.

Poor television reception and radio interference may result if the oven is located close to a TV, radio or aerial.



The earthing of this appliance is compulsory. The manufacturer will accept no responsibility for injury to persons, animals or damage to objects arising from the non-observance of this requirement.

WARNING!

THIS APPLIANCE MUST BE EARTHED!






HOW TO USE THE AUTO COOK

Fresh Vegetables Hard veg- carrots Medium veg- broccoli, cauliflower & mixed vegetables Soft Veg- peas, beans & zucchini	Prepare vegetables cutting into even size pieces. Wash vegetables. Arrange vegetables in a shallow dish with the hard vegetables around the outer edge, soft vegetables in the centre & medium vegetables in between. Cover with a lid or plastic wrap. After cooking allow to stand 1-2 minutes.
Frozen Vegetables Hard veg- carrots Medium veg- broccoli, cauliflower & mixed vegetables Soft Veg- peas, beans & zucchini	Before cooking, separate the vegetables as much as possible. Arrange vegetables in a shallow dish with the hard vegetables around the outer edge, soft vegetables in the centre & medium vegetables in between. Cover with a lid or plastic wrap. After cooking allow to stand 1-2 minutes.
Fish	Score the skin on whole fish. This prevents cracking.
Rice	Containers used should not be more than half filled. If you intend to cook large amounts, you should choose a larger container to ensure that it is not more than half filled.

HOW TO USE THE MEMORY

Use this function to quickly recall a preferred setting that you often use.

The principle of the Memory function is to store whatever function and setting that is currently displayed.

 USER ACTION	OVEN REACTION
1. Press the Memory button once.	 * The setting in the memory is displayed.
2. Press the Start button.	 * The Microwave symbol flashes. * The cooking time is displayed counting down.

STORING IN THE MEMORY

- Make any settings you would like to store.
- Press the Memory button until you hear a sound (aprox. 3 sec) which confirms that your setting is stored.

The Memory has now been programmed.

To check what is stored, simply press the memory button and the memory content is shown on the display.

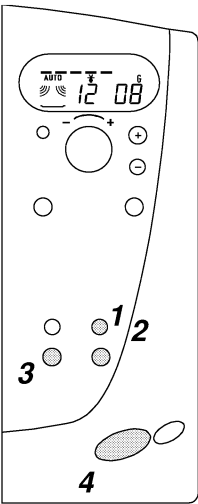
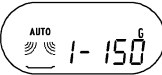
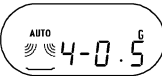
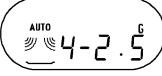

Note:

When new values are stored in the memory the old memory content is erased.





Please note that it's only possible to store a setting **before** you press the start button.

HOW TO USE THE AUTO COOK

Use this function to cook such foods as Fish, Vegetables, Nudles and Rice.

	USER ACTION	OVEN REACTION
	1. Press the Auto Cook button.	 <ul style="list-style-type: none"> * Food category (1) is indicated. * The Microwave symbol is lit.
	2. Continue to press the Auto Cook button to set the food class.	 <ul style="list-style-type: none"> * The selected food class (4) is indicated.
	3. Press the weight buttons to set the weight of the food.	 <ul style="list-style-type: none"> * The set weight is displayed.
	4. Press the Start button.	 <ul style="list-style-type: none"> * The Microwave symbol flashes. * The time is displayed counting down.

The oven needs to know the type of food and the net weight of it.

	1. FRESH VEGETABLES (150 - 400 g)	150 - 250 g Add 1 table spoon of water or stock. 300 - 400 g Add 2 table spoons of water or stock
	2. FROZEN VEGETABLES (150 - 400 g)	
	3. FISH (150 - 400 g)	
	4. RICE (0,5 - 3 dl)	Times are based on Onkle Bens parboiled rice. Other sorts of rice may need adjustment of the time setting.

If the weight is lesser or greater than recommended weight:

Use the "Cook & Reheat function" to cook the food.

Releasing pressure

Always cover the food with plastic wrap or a lid. Ensure that the container and lid are microwave-proof.

The plastic foil or lid should be pricked with a fork or cocktail stick to relieve the pressure and to prevent bursting, as steam builds-up within them during cooking.

SAFETY PRECAUTIONS

GENERAL

This appliance is designed for domestic use only!

The appliance should not be operated without food in the oven when using microwaves. Operation in this manner is likely to damage the appliance.

The ventilation openings on the oven must not be covered. Blocking the air intake or exhaust vents may cause damage to the oven and poor cooking results.

If you practice operating the oven, put a glass of water inside. The water will absorb the microwave energy and the oven will not be damaged.

Do not store or use this appliance outdoors. Do not use this product near a kitchen sink, in a wet basement, or near a swimming pool, or similar.

Do not use the cavity for any storage purposes.

Do not heat, or use flammable materials in or near the oven. Fumes can create a fire hazard or explosion.

Do not use corrosive chemicals or vapours in this appliance. This type of oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.

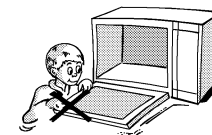
Do not use your microwave oven for drying textiles, paper, spices, herbs, wood, flowers, fruit or other combustible materials. Fire could result.

Do not leave the oven unattended, especially when using paper, plastic or other combustible materials in the cooking process. Paper can char or burn and some plastics can melt if used when heating foods.

Do not over-cook food. Fire could result.

If material inside / outside the oven should ignite, keep oven door closed and turn the oven off. Disconnect the power cord or shut off power at the fuse or circuit breaker panel.

Never lean on the door when the door is open. Injury could result.



⚠ WARNING!

Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.

Remove wire twist-ties from paper or plastic bags before placing bag in the oven.



LIQUIDS

E.g. beverages or water

in your microwave oven, overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid.

To prevent this possibility the following steps should be taken:

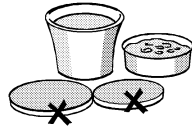
1. Avoid using straight-sided containers with narrow necks.
2. Stir the liquid before placing the container in the oven and let the teaspoon remain in the container.
3. After heating, allow standing for a short time, stirring again before carefully removing the container from the oven.



SAFETY PRECAUTIONS

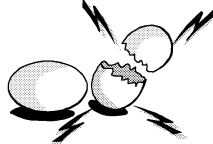
CONTAINERS

Do not use your microwave oven for heating anything in airtight sealed containers. The pressure increases and may cause damage when opening or may explode.



EGGS

Do not use your microwave oven for cooking or reheating whole eggs with or without shell since they may explode.



DEEP-FRYING

Do not use your microwave oven for deep-frying, because the oil temperature cannot be controlled.



CAREFUL

Always refer to a microwave cookbook for details. Especially, if cooking or reheating food that contains alcohol.

After heating baby food or liquids in a baby bottle or in a baby food jar, always stir and check the



temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided. Ensure the Lid and the Teat is removed before heating!

HANDS OFF

Use hot pads or oven mitts to prevent burns, when touching containers, oven parts, and pan after cooking.

ACCESSORIES

TURNTABLE SUPPORT

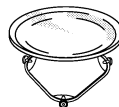
Use the turntable support under the Glass turntable. Never put any other utensils on the turntable support.



●Fit the turntable support in the oven.

GLASS TURNTABLE

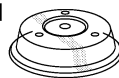
Use the Glass turntable with all cooking methods. It collects the dripping juices and food particles that otherwise would stain and soil the interior of the oven.



●Place the Glass turntable on the turntable support.

COVER

The Cover is used to cover food during cooking and reheating with microwaves only and helps to reduce spattering, retain food moisture as well as reducing the time needed.



Use the cover for two level reheating

GENERAL

There are a number of accessories available on the market. Before you buy, ensure they are suitable for microwave use.

When you put food and accessories in the microwave oven, ensure that they do not come in contact with the interior of the oven.

This is especially important with accessories made of metal or metal parts.

If accessories containing metal comes in contact with the oven interior, while the oven is in operation, sparking can occur and the oven could be damaged.

Always ensure that the turntable is able to turn freely before starting the oven.

Ensure that the utensils you use are oven proof and allow microwaves to pass through them before cooking.

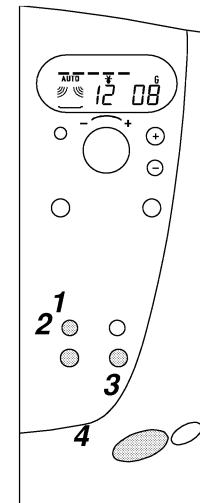
HOW TO USE THE JET DEFROST

Use this function for defrosting ONLY. Jet Defrost can only be used for very fast defrosting of frozen foods belonging to the 5 categories listed below.

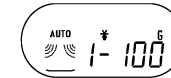


USER ACTION

OVEN REACTION



1. Press the Jet Defrost button.



* The display now shows weight in grams (gr.) and the first of the five food classes is indicated.

2. Continue to press the Jet Defrost button to select food class.



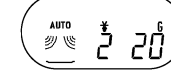
* The selected food class is indicated.

3. Press the Weight buttons to set the weight.



* The set weight is displayed.

4. Press the Start button.



* The defrosting process begins.
* The Microwave working symbol flashes.
* The defrosting time is displayed counting down.

5. Midway thru the defrosting process the oven stops and prompts you to "TURN FOOD".

Turn
Food
Press
Start

— Don't use the stop button!
— Just open the door and turn the food.
— Close, and restart with the Jet Start button.

Note: the oven continues automatically after 2 min if the food hasn't been turned. The defrosting time will be longer in this case.

The oven needs to know the type of food and the net weight of it.



1 MEAT (100 g - 2 Kg)



2 POULTRY (100 g - 3 Kg)



3 FISH (100 g - 2 Kg)



4 VEGETABLES (100 g - 2 Kg)



5 BREAD (100 g - 2 Kg)

If the weight is lesser or greater than recommended weight:

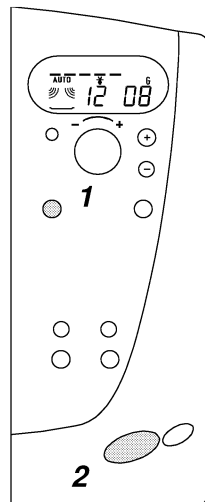
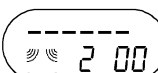
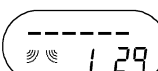
Follow the procedure for "How to cook and reheat with microwaves" and choose 160 W when defrosting. When softening ice cream or butter you should adjust the setting to 90 W.

If the food is warmer than deep-freeze temperature (-18°C), choose lower weight of the food.

If the food is colder than deep-freeze temperature (-18°C), choose higher weight of the food.

HOW TO USE THE DINNER PLATE REHEAT

Use this function when reheating a readymade dinner plate, directly from the refrigerator. Place food onto a microwave-safe heat-proof dinner plate.

	USER ACTION	OVEN REACTION
	1. Press the Reheat button.	 <ul style="list-style-type: none"> * The power level and time is displayed.
	2. Press the Start button.	 <ul style="list-style-type: none"> * The Microwave working symbol flashes. * The cooking time is displayed counting down

Note:
The Dinner Plate Reheat function is optimized for a portion of 400-450 g. If you would like to reheat dinner plates with lesser or greater weight, you should adjust the time and / or power level. Experience will give you the correct time for your favourite Dinner Plates.

When you are saving a meal in the refrigerator or "plating" a meal for reheating, arrange the thicker, denser foods to the outside of the plate and the thinner or less dense foods in the middle.

Place thin slices of meat on top of each other or interlace them.



Thicker slices such as meat loaf and sausages have to be placed close to each other.

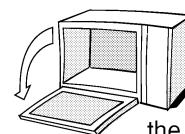
START PROTECTION / CHILD LOCK

This automatic safety function is activated one minute after the oven has returned to "stand by mode". (The oven is in "stand by" when the 24-hour Clock is displayed, or if the Clock has not been set, when the display is blank).

The door must be opened and closed e.g. putting food into it, before the safety lock is released.

If you attempt to operate the oven without putting food into it, the display will show "door".

HOW TO PAUSE OR STOP COOKING



To pause cooking:

The cooking can be paused to check, turn or stir the food by opening the door. The setting will be maintained for 10 minutes while the door is open.



To continue cooking:

Close the door and press the Start button ONCE. The cooking is resumed from where it was paused. Pressing the Start button TWICE will increase the time by 30 seconds unless you're using an auto function.



If you don't want to continue cooking:

Remove the food, close the door and press the STOP button.




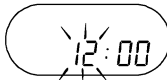
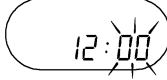
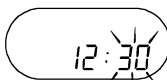
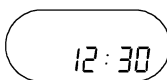


A beep will signal once a minute for 10 minutes when the cooking is finished. Press the STOP button or open the door to cancel the signal.

Note: The oven will only hold the settings for 60 seconds if the door is opened and then closed after the cooking is finished.

HOW TO USE THE TIMER & OPTIONAL CLOCK

Keep the door open while setting the Clock. This gives you 10 minutes to complete the setting of the Clock. Otherwise, each step must be accomplished within 60 seconds.




	USER ACTION	OVEN REACTION
	1. Press the Stop button.	 * The two dots are lit.
	2. Press the Clock button for 3 seconds.	 * The left-hand digit (hours) flicker. * A beep confirms that your in setting mode.
	3. Turn the Adjust knob to set the hours.	 * The set hours will continue to flicker.
	4. Press the Clock button again.	 * The two right hand digits (minutes) flicker.
	5. Turn the Adjust knob to set the minutes.	 * The set minutes will continue to flicker.
	6. Press the Clock button again.	 * The Clock is set and in operation.

If you wish to remove the Clock from the display once it has been set, simply press the Clock button again for 3 seconds and then press the Stop button.

To reinstate the Clock, follow the above procedure.

TIMER

The Timer is completely **independent** of all other functions and can be used at any time regardless of whether the oven is currently cooking or not.


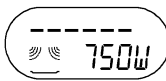
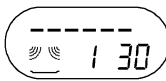
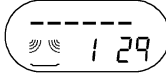
-  1. Press the Clock button once.
-  2. Turn the Adjust knob.
-  3. Press the START button.

One press on the Clock button displays how much time is left on the Timer. It's displayed for 3 seconds and then returns to displaying the cooking time (If you are currently cooking).

To stop the Timer when it is operating in the background of another function, you must first recall the Timer to the foreground by pressing the Clock button and then turn the Adjust knob to zero.

HOW TO COOK & REHEAT WITH MICROWAVES

Use this function for normal cooking and reheating, or quick reheating (Jet Start) of items such as clear soups, coffee, tea or other foods with high water content.

	USER ACTION	OVEN REACTION
	1. Press the Power button to set the power.	 * The power level is displayed.
	2. Turn the Adjust knob to set the time.	 * The time is displayed.
	3. Press the Start button.	 * The Microwave working symbol flashes. * The cooking time is displayed counting down

Once the cooking process has been started:

The time can easily be increased in 30 second steps by pressing the Start button. Each press increases the time with 30 seconds. You may also alter the time by turning the Adjust knob to increase or decrease the time.

Pressing the power button may also change the power level. The first press will show you the current powerlevel. Press the power button repeatedly to change power level.